INTERNAL MEDICINE Associates LEXINGTON

A Lexington Medical Center Physician Practice

346 West Butler Street, Lexington, SC 29072

Phone: (803) 358-6220 • **Fax:** (803) 358-6225

LMCIMA.com

Lexington Medical Center

Blood Pressure Log

My blood pressure goal is:_____

Date	Time		Systolic (Top Number)	Dystolic (Bottom Number)	Comments
		☐ a.m. ☐ p.m.			
		☐ a.m. ☐ p.m.			
		☐ a.m. ☐ p.m.			
		☐ a.m. ☐ p.m.			
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		☐ a.m. ☐ p.m.			

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