

346 West Butler Street, Lexington, SC 29072

**Phone:** (803) 358-6220 • **Fax:** (803) 358-6225





A Lexington Medical Center Physician Practice

## **Daily Food Diary**

Date:						
	Food and Drinks	Calories	Fat (g)	Protein (g)	Carbs (g)	Sugar (g)
Breakfast						
	TOTALS:					
Morning Snack						
Lunch						
	T07110					
	TOTALS:					
Afternoon Snack						
Dinner						
	TOTALS:					