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A Lexington Medical Center Physician Practice

## **Fasting Blood Sugar Log**

Date	Time		Blood Sugar Level	Comments
		] a.m. □ p.m.		
		] a.m. □ p.m.		
		] a.m. □ p.m.		
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		] a.m. □ p.m.		
		] a.m. □ p.m.		
		] a.m. □ p.m.		